

# U3A REYKJAVÍK

HÁSKÓLI ÞRIÐJA ÆVISKEIÐSINS

## **Be active through life-long learning**

The goal of the U3A is to provide a forum for lifelong learning by sharing knowledge, experience, and a stimulating and active life.

Vital here is curiosity, the interest in accumulating knowledge, both within and outside each member's traditional frames of reference.

**U3A REYKJAVÍK**  
UNIVERSITY OF THE THIRD AGE



**U3A Reykjavík is an independent association of people in their “third age”.**

**Founded in Iceland in 2012**

**1300 members in September 2023**

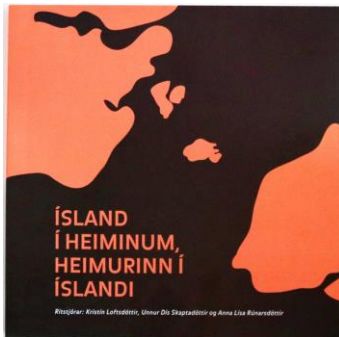
**Weekly presentations/lectures on diverse topics**

**Courses, visits, excursions, group activities**

# Weekly presentations



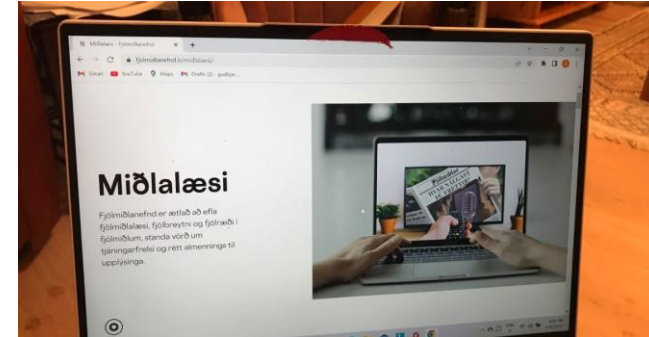
***The volcanic and seismic activity of Iceland, a hotspot on a plate boundary.*** Páll Einarsson, geologist, Prof.Em. HI



***Ghosts of the Past. Racism and Iceland in a Connected World.*** Kristín Loftsdóttir, Prof. Anthropology HI



***Geopark in the Westfjords of Iceland.*** Björn Oddsson, emeritus at ETH Zürich. Swiss Federal University



***Important issues for using the Internet safely.*** Skúli Geirdal Project Manager from the Media Commission



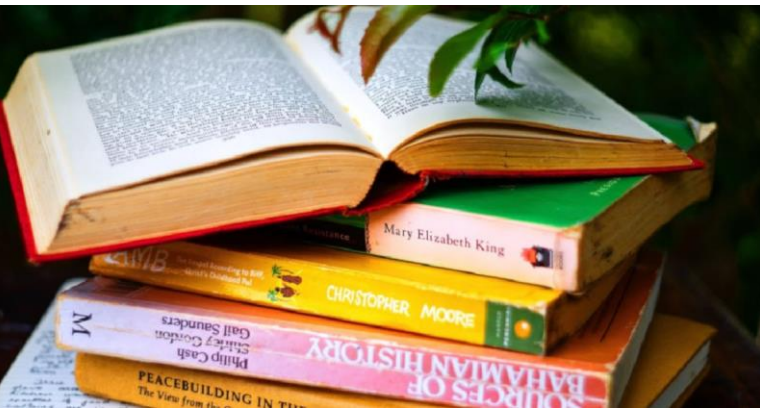
***Research on Human Genetics and Health.*** Unnur Þorsteinsdóttir Dean of School of Health Sciences and Researcher at decode Genetics



# Group activities



Environment and climate,  
raising awareness!



Literary group, sharing literary experiences



International group,  
focuses on third age



The HeiM-Club.  
designing walks  
with the  
Wikiloc-app



The Cultural club, arranges  
visits to the theatre,  
museums and cultural events